

The Famous



Nourishing Body & Soul Since 2006

Enjoy 15% OFF Your First Order of CJ's Delicious & Healthy CATERING PLATTERS

(Helping You Take Care of ALL Your Guests' Needs)

◇ = Gluten-free ☺ ◇◇ = Can easily be made gluten-free ☺

Vegan? Substitute vegan 'cream cheese' or Daiya 'cheese' for goat cheese – no charge

Small Platters Serve 8-10 — Large Platters Serve 12-14

CJ's Lunch Wraps & Sandwiches

Assorted Sandwiches Platters An assortment of CJ's delicious and nutritious wraps and sandwiches to please the vegetarians, vegans, and meat-eaters alike. **Small \$66 Large \$99**

Goat Cheese & Veggie Wraps Goat cheese, roasted red pepper, organic veggies, tons of fresh organic greens & CJ's dressing! **Small \$70 Large \$105**

Can't Beet It Wraps Greaves beets, goat cheese, CJ's seed blend, marinated artichoke, a hint of red onion plus tons of fresh organic greens & CJ's dressing! **Small \$75 Large \$110**

◇◇ **Cranberry Turkey Wrap** Organic, local turkey, CJ's cranberry sauce, light mayo & organic romaine **Small \$70 Large \$105**

Happy Vegan Wrap Organic chickpeas & organic raisins in a sweet & spicy sauce, with organic greens & CJ's dressing! **Small \$65 Large \$95**

◇◇ **Healthy Egg Salad Wrap** Light egg salad (the eggs are from local, small-flock, organically fed hens), organic greens & CJ's dressing! **Small \$65 Large \$95**

◇◇ **The New Turk Sandwich** Organic turkey, marinated artichoke hearts, honey mustard & light mayo on organic, sprouted grain bread. **Small \$75 Large \$110**

ADD CJ's SuperFood Seed Blend to All the Wraps & Sandwiches

It's a blend of chia, hemp hearts, pumpkin & sunflower seeds to bump up the protein & nutrition & keep you feeling full. **Small ADD \$18; Large ADD \$27**

CJ's Inspired Salads

◇ **CJ's Organic Garden Salad** - A generous portion of organic goodness dressed with CJ's Special Salad Dressing **Small \$45 Large \$65**

◇ **Goat Cheese Salad** - CJ's Organic Garden Salad plus roasted red pepper & goat cheese **Small \$50 Large \$75**

◇ **Tuscan Salad** - CJ's Organic Garden Salad topped plus organic turkey, roasted red pepper & marinated artichoke **Small \$55 Large \$80**

◇ **The Tuscan Vegan Salad** - CJ's Organic Garden Salad plus chickpeas, roasted red pepper, & marinated artichoke **Small \$50 Large \$75**

◇ **Can't Beet It Salad** - Organic greens, Greaves beets, goat cheese, organic red onion, artichoke, & CJ's dressing **Small \$50 Large \$75**

Decadent Bites — A platter of bite-sized decadent sweet treats just for fun. **Small \$28 Large \$42** Can include gluten-free & vegan treats (add \$1 each).

Drinks — Water & pop \$2 each; Perrier, lemonade, ice tea or juice \$3 each

Coffee — 64oz thermal carafes of coffee, with supplies for 8 - \$14 each

Add Healthy Side Dishes

All \$3.5 each

◇ Fresh Cut Fruit

◇ Greek-Style No-Fat Yogurt w/Honey Side-Dish Sized Soup of the Day

◇ Scoop of Sweet & Spicy Chickpea Salad

◇ Scoop of Light Egg Salad Eggs from organically fed, small-flock hens

◇ Bowl o' Beets Side dish of shredded Greaves beets on a pillow of dressed organic greens

"What's in CJ's Dressing?"

Organic, Cold-Pressed Olive Oil

Organic, Cold-Pressed Sunflower Oil

Organic Apple Cider Vinegar

Organic Blue Agave Lemon & Lime Juices

Dijon & Garlic

"Better Health in Every Bite"

CJ's Café in Bronte
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